



Back to School



August

Harmony

2017

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23  Banana Muffin Cereal Cocoa Puffs Fruit Variety Choice of Milk	24 Breakfast Bun Fruit Variety Choice of Milk	25 Apple Cinnamon Zac Bar Trix Cereal Fruit Variety Choice of Milk
28 Cocoa Cereal Bar Fruit Variety Choice of Milk	29 Assorted Cereal String Cheese Fruit Variety Choice of Milk	30 Breakfast Donut Fruit Variety Choice of Milk	31 Blueberry Muffin Grahams Crackers Fruit Variety Choice of Milk	



Northwest Catering

Taking Nutrition to A Tasty Level!

This Institution is an equal opportunity provider

Make sure to take your milk, the choice is yours 1 % White or Fat Free Chocolate

****MENU IS SUBJECT TO CHANGE****



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August

Harmony

High

2017

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23 	24	25
		Chicken Fajita Steamed Broccoli Chocolate Chip Cookie Salsa Fruit Variety Choice of Milk	Pasta & Meatballs Romaine Lettuce Cherry Tomatoes Chocolate Chip Cookie Fruit Variety Choice of Milk	Cheese Pizza Baby Carrots Mixed Salad Ranch Dressing Fruit Variety Choice of Milk
28	29	30	31	
Classy Hamburger Tater Tots Mixed Salad Pickle Spear Ketchup Ranch dressing Fruit Variety Choice of Milk	Corndog Carrot Coins French Fries Chocolate Chip Cookie Ketchup/Mustard Fruit Variety Choice of Milk	Chicken Nuggets Spanish Rice Mashed Potatoes Corn Niblets Ketchup Fruit Variety Choice of Milk	Nachos w/ ground Turkey Refried Beans Steamed Broccoli Chocolate Chip Cookies Fruit Variety Choice of Milk	



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